

# Tammy L. Cowser

## Director, Regional Administration & Operations

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Tammy Cowser is the Regional Director of Administration and Operations for the firm's Texas, Colorado, and Mexico City offices.

Tammy is a seasoned law firm administrator and human resource professional with extensive experience in recruitment and retention, financial management, operations and facility management, benefit and compensation administration, employee relations/coaching (iPEC Coach), payroll management, performance management, and budget development.

### Certifications

- Certified Professional Coach (CPC)
- Energy Leadership™ Index Master Practitioner (ELP-MP)
- Professional in Human Resources® (PHR®)
- SHRM Certified Professional (SHRM-CP)

### Professional Affiliations

- Current Board Member, Dallas ALA Chapter
- Current Board Member, Rotary Club of Park Cities
- Former Chair, HR Conference Planning Committee for the Association of Legal Administrators (ALA)
- Former Committee Member for the Professional Development Consortium
- Former President of Chicago SHRM
- PDAC Committee Member for the Association of Legal Administrators (ALA)

### Education

- Purdue University (B.A. and MBA)
  - National Psychology Honor Society
  - Dean's List All Semesters



FOLEY & LARDNER LLP

- Merit Scholarship Recipient
- Writing Lab Tutor
- Sigrid Stark Writing Award