

Kate M. Kros

Senior Public Affairs Advisor

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Kate M. Kros is a senior public affairs advisor with Foley & Lardner LLP's Government Solutions Practice Group and brings nearly 15 years of experience in grassroots advocacy, federal policy and strategic communications to her work advising clients. In her role, among other things, Kate develops and deploys advocacy strategies, provides legislative and regulatory insights, and ensures clients are in compliance with federal reporting requirements.

Prior to Foley, Kate spent eight years at a consulting firm connecting 80+ non-profit organizations, trade associations, and stakeholders with legislators, training thousands of constituents on how to successfully communicate with their members of Congress and executing large-scale advocacy fly-ins in district offices and on Capitol Hill. She scheduled hundreds of bipartisan, bicameral meetings yearly with every member of Congress.

Awards and Recognition

- 2024 Marquette University Klingler College of Arts and Sciences [Young Alumna of the Year](#)

Affiliations

Kate is a member of the Marquette University Klingler College of Arts & Sciences Leadership Council, an advisory board run by the Dean of the College. She is also a Board member of the Wisconsin State Society. From 2016 through 2021, Kate was the President of the Marquette Alumni Club of Washington, D.C., and Northern Virginia, where she represented over 2,000 alumni in the second largest alumni club operated through Marquette University.

Community Involvement

Kate hosted regular events at the Les Aspin Center for Government and engaged alumni through a networking program she created. From 2017 to 2022, Kate was an inaugural member of Marquette's Young

Alumni Leadership Council, where she advocated the needs of young alumni to the university. Kate continues to volunteer at Catholic Charities regularly and has advocated on their behalf to various stakeholders in the community.

Presentations and Publications

- Panelist, “Policy Perspectives for Foster Care Awareness Month,” National Foster Youth Institute (June 8, 2023)
- Guest Lecturer: Professional Communications, The George Washington University (March 21, 2023)
- Guest Speaker: AP U.S. Government, Skutt Catholic High School (November 22, 2022)
- Guest Lecturer: Honors American Politics, Marquette University College of Arts & Sciences (November 14, 2022)
- Presenter: “Arts & Sciences Influentials,” hosted by Dr. Heidi Bostic, Dean, Marquette University Klingler College of Arts and Sciences (December 8, 2021)
- Presenter, “Beyond MU: CIRCLES – Recent Grads Cohort,” *Marquette University Alumni & Friends* (September 22, 2020)
- Presenter, “Lobbying During Lockdown- Federal Advocacy During COVID-19,” *National Water Resources Association* (May 28, 2020)

Sectors

- [Health Care & Life Sciences](#)
- [Innovative Technology](#)
- [Manufacturing](#)
- [Payor Provider Convergence](#)
- [Pharmaceuticals](#)
- [Racial Justice & Equity](#)

Practice Areas

- [Environmental](#)
- [Federal Public Affairs](#)
- [Government Solutions](#)

Education

- Marquette University (B.A., 2011)
 - Political Science
 - French
- Georgetown University (Graduate Certificate, 2015)